HYPERTROPHIC CARDIOMYOPATHY TREATMENT:
Medical, Surgical,
Sudden Death Prevention
And Newer Modalities

Saturday & Sunday
December 6-7, 2008
The Yale Club
50 Vanderbilt Avenue
New York, NY

Course Director:
Mark V. Sherrid, MD

CME Credit Certified by:
Beth Israel Medical Center
and St. Luke’s and Roosevelt Hospitals
Hypertrophic Cardiomyopathy is one of the most challenging diseases encountered in cardiology practice because of the diversity of its expression and unpredictable clinical course. In this symposium the evolving treatments for HCM will be discussed: medical treatment including disopyramide for obstruction, new surgical operations based on revised pathophysiologic understanding, implantable devices to prevent sudden death and newer modalities such as alcohol septal ablation and AFib ablation. Also, application of MRI and CT angio in HCM will be discussed. This conference is designed for cardiologists, cardiothoracic surgeons, internists, registered nurses, and nurse practitioners, as well as fellows and residents who care for patients with HCM.

OBJECTIVES

- Learn to confidently diagnose HCM and understand different variants: obstructive, non-obstructive and apical. Interpret HCM echocardiograms, diagnose systolic anterior motion of the mitral valve (SAM), and use maneuvers to provoke gradients, including exercise. Avoid misdiagnoses. Learn indications and clinical utility of MRI in HCM.

- Understand the pathophysiology of obstruction, and the cause of SAM.

- Recognize risk factors for sudden death in HCM, and when implanted cardiac defibrillator (ICD) might be indicated. Prevent sudden death in high risk HCM. Understand issues related to ICD implantation in the young.

- Confidently initiate pharmacologic treatment for obstructive and non-obstructive HCM, including disopyramide for obstruction. Understand which patients to treat and how.

- Understand the indications for extended myectomy, and recently, sophisticated repair of the mitral valve that may improve outcomes and make success more predictable. Understand indications for alcohol septal ablation and learn current technical pearls.

- Determine best practices in treating atrial fibrillation in HCM and understand indications and current approaches to pharmacotherapy and ablation.

- Understand the current controversies in pre-athletic screening for genetic heart disease. Prescribe appropriate exercise regimen for an athlete with HCM.

ACCREDITATION STATEMENT

Beth Israel Medical Center & St. Luke’s and Roosevelt Hospitals are accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

Beth Israel Medical Center designates this educational activity for a maximum of 11.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

POLICY ON FACULTY AND PROVIDER DISCLOSURE

It is the policy of Beth Israel Medical Center & St. Luke’s and Roosevelt Hospitals that faculty and providers disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Beth Israel Medical Center & St. Luke’s and Roosevelt Hospitals have established policies in place that will identify and resolve all conflicts of interest prior to this educational activity.
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SATURDAY, DECEMBER 6, 2008

7:45 am  Registration, Breakfast and Exhibits
8:30 am  Introduction and Welcome
    Mark V. Sherrid, MD
8:40 am  HCM Pathology, Genetics, and Epidemiology
    Barry J. Maron, MD
9:20 am  Using Echocardiography to Guide HCM Treatment
    Mark V. Sherrid, MD
10:00 am  Should Routine Assessment Include Stress Echocardiography?
    Farooq A. Chaudhry, MD
10:30 am  Live Demonstration of Exercise Echo in Obstructive HCM
    Drs. Chaudhry and Sherrid
10:45 am  Coffee and Exhibits
11:15 am  Running on Seven of Eight Cylinders with a Risk of Dying Suddenly:
    A Patient’s Perspective
    Lisa Salberg
11:45 am  Pathophysiology of Obstruction and Pharmacologic Treatment
    Mark V. Sherrid, MD
12:20 pm  Panel Discussion, Questions
12:30 pm  Lunch and Exhibits
1:30 pm  Prevention of Sudden Cardiac Death in HCM
    Barry J. Maron, MD
2:15 pm  Risk Stratification for Sudden Death: One or Two Risk Factors?
    Steve R. Ommen, MD
2:45 pm  Practical Pearls for ICD Implantation and Management in Younger
    Patients: Technique, Complications and Lead Extraction
    Mark Preminger, MD
3:15 pm  Panel Discussion and Questions
3:30 pm  Tea and Exhibits
4:00 pm  Impact and Treatment of Atrial Fibrillation in HCM
    Jonathan S. Steinberg, MD
4:30 pm  Case Studies in HCM Arrhythmia Management
    Drs. Steinberg, Maron, Ommen, Preminger, Sherrid
5:15 pm  Adjourn

SUNDAY, DECEMBER 7, 2008

8:00 am  Registration, Breakfast and Exhibits
8:30 am  Continuing Evolution of Surgery for Obstruction in HCM
    Daniel G. Swistel, MD
9:00 am  Alcohol Septal Ablation. Case Selection, Technique and Outcomes
    Rick A. Nishimura, MD
9:40 am  Surgical Septal Myectomy for Refractory Obstruction
    Nicholas G. Smedira, MD
10:20 am  Coffee and Exhibits
10:40 am  Resect, Plicate, Release: The RPR Operation  
Daniel G. Swistel, MD

11:10 am  Does Gradient Reduction Prolong Survival?  
Sandhya K. Balaram, MD

11:40 am  Case Studies in OHCM  
Drs. Swistel, Smedira, Balaram

12:20 pm  Lunch, Exhibits and Hayes Kavanagh Jazz Band

1:00 pm  MRI and Coronary CT in HCM  
Seth Uretsky, MD

1:40 pm  Treatment Plans for the Psychological Consequences of Chronic Cardiac Disease  
Jonathan E. Rosenfeld, MD

2:20 pm  Pre-athletic Screening for Genetic Heart Disease and Exercise Regimen for Athlete with HCM  
Merle Myerson, MD

3:00 pm  Panel Discussion and Questions

3:15 pm  Adjourn

COURSE DIRECTOR  
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REGISTRATION FORM

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____________________________________________________________________________
First name Last name MD, DO, PA, etc.
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Address
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(Be sure to include your e-mail address as confirmation receipt will be sent electronically)

TUITION
☐ $275.00……Practicing Physicians
☐ $225.00……Other Attendees

PAYMENT METHODS
☐ Online Registration is available and is the preferred method ■ www.chpnet.org/cme
☐ Check payable to SLRHC - CME is enclosed
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Please fax this form to (212) 523-2074 or mail to St. Luke’s and Roosevelt Hospitals,
Office of CME, 1111 Amsterdam Avenue, New York, NY 10025
Payment must accompany registration form.

CANCELLATION POLICY
A refund less a $75 administrative fee will be issued upon written request.
No refunds will be issued after November 7, 2008. St. Luke’s and Roosevelt Hospitals reserves the right to cancel this program.

FURTHER INFORMATION
St. Luke’s and Roosevelt Hospitals
Office of Continuing Medical Education
Phone: 212-523-2138 ■ Fax: 212-523-2074
Email: satkinso@chpnet.org ■ www.chpnet.org/cme

HOTEL INFORMATION
Grand Hyatt New York, Park Avenue at Grand Central
New York, NY 10017 ■ 800-233-1234
A block of rooms is available at the conference rate of $479, plus applicable taxes, and is available until November 14, 2008, on a space available basis. After that, rates are subject to availability. When calling, please state that you are with the “St. Luke’s Roosevelt Hospital” group.